ABN MRI

* When You Realize You Have A Heart Problem
* Make An Appointment With The Doctor
* Actually Go To The Doctor
* Now You Determine The Problem
* Questions From The Doctor About Your Heart

1. O- Onset, when did this start to happen?

2. P-Provocation, what were you doing when this happened?

3. Q-Quality, What kind of pain did you have?

4. R-Radiation, Did the pain move anywhere?

5. S-Severity, How bad was/is the pain?

6. Family History

7. Social History

8. Work History

9. Review Of Systems

* Do An Examination: Look And Listen, ABC’s
* Testing: Pulse For Rate And Rhythm, EKG, Blood Work, MRI, Cath Lab Intervention
* Diagnosis: Understanding The Test Results
* Plan Of Action Going Forward

1. Lifestyle Changes

2. Dietary Changes

* Patient Working The Plan On Their Own And with Help

1. Understanding And Taking Medication

2. Cardiac Rehabilitation

3. Follow Up Testing

4. Living Your New Normal

* Restoration Of Spiritual Health